



Institute of Home Science University of Kashmir

Hazratbal Srinagar-190006-(Kashmir) J&K

[NAAC Accredited Grade A+].



PhD Integrated Course

Paper: Advances in Human Development

Unit I: Introduction to the Life Span Development

- Life Span perspectives
- Important issues of life span development
- Continuity and Discontinuity
- Importance of critical periods
- Nature Nurture controversy
- Ethical standards for Human Development Research

Unit II: Issues related to Infants

- Genetic disorders
- Chromosomal abnormalities/disorders
- Behavioural Genetics
- Problems of the new born
- Trust & Attachment

Unit III: Current Issues related to childhood

- Childhood obesity, Drug abuse, Smoking and Internet safety
- Stress, Depression, School violence, Child maltreatment, Bullying and suicide
- Asthma, Autism spectrum disorder.
- Transgender children
- Chemicals in the environment
- Children in Institutional Care: Delayed Development and Resilience

Unit IV: Recent trends in Life expectancy

- Life expectancy verses Life span
- Gender differences in life expectancy:
- Biological Explanation & Life style factors
- Current common causes of death
- Curative, Palliative and Hospice care of the dying
- Human Development Index and its importance

References:

1. Life Span development: A psychological Perspective
2. Second Edition, Martha Lally & Suzanne Valentine-French
3. Rice F.P. (1997), Child and Adolescent Development, New York: Prentice Hall. Inc. Pp. 373-383
4. Diane Papalia, SallyOlds. RuthFeldman (2008) Human development 11th Edition **MGraw-Hill Education**
5. Berk LE (2013) Child Development. Ninth Edition. U.S.A. Pearson Education. Pp. 84-87