

## Institute of Home Science University of Kashmir

Hazratbal Srinagar-190006-(Kashmir) J&K [NAAC Accredited Grade A+].



## **Future plans**

Expanding the existing curriculum by adding emerging fields such as Sports Nutrition, Public Health Nutrition, and Geriatric Nutrition.

- 1. Setting up a dedicated Center for Nutrition and Health Research to study lifestyle diseases, food security, and dietary interventions.
- 2. Partnering with medical, agricultural, and social science departments for holistic research on nutrition, health, and community development.
- 3. Conducting workshops for women and students on food processing, and diet counselling to promote self-employment.
- 4. Working with ICMR, FSSAI, and UNICEF to implement nutrition and health projects at the grassroots level.
- 5. Upgrading labs with advanced food analysis equipment and dietary assessment tools.
- 6. Developing online courses, e-books, and virtual nutrition counselling services for students and the public.
- 7. Establishing an organic food garden and promoting research on sustainable diets and climate-resilient food systems.
- 8. Established of short-term skill development courses:
  - Textiles
  - Bakery
  - Training for Day Care Professionals