



Institute of Home Science University of Kashmir

Hazratbal Srinagar-190006-(Kashmir) J&K

[NAAC Accredited Grade A+].



Human Development

Human development is a multidisciplinary study of the psychological, biological, and sociological factors that impact people from infancy through adolescence to adulthood. The program is devoted to understanding the nature of human development across the lifespan in a culturally diverse, changing and complex world. Our effort is to apply contextual and systemic frameworks to the study of development and relationship processes through research, teaching and application. It is a fascinating and intriguing subject primarily because it is about people. It helps the students to understand the changes that take place in our lives: in our bodies, personalities, thinking, feelings, behaviour, relationships and in the roles that we play during different periods of our lives. We seek to describe the changes that take place from conception through adulthood. Information about these changes comes primarily from scientific research that accurately observes, measures, records and interprets so that objective data are obtained. Human development seeks to describe, explain, predict and influence the changes. The program helps to promote competence in scientific study, research in the field, and the use of relevant assessment measures for children. It helps to develop sensitivity and skills in working with children and families. Students are able to acquire working knowledge in counselling children and families. The ability to plan and implement programmes for children and create awareness about children and families living in difficult circumstances is also encouraged. The curriculum values and supports interdisciplinary perspectives and combines classroom learning with field opportunities. It makes the students able to understand the domains of Human development from the life span perspective. On the successful completion of the Programme the students may demonstrate the sound theoretical knowledge regarding theories of human development, family studies, advanced human development, psychological testing, research methods, statistical applications, early childhood education, child and family rights disabilities, family guidance and counselling and creativity.