

Timetable for FYIMP SEMESTER IST (2026)

Days	1	2	3	4	5	6	7	8
	9:30 – 10:30	10:30 – 11:30	11:30 – 12:00	12:00– 01:00	01:00- 02:00	02:00 – 03:00	03:00 – 4:00	04:00 – 05:00
Monday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Tutorial Dr. Shafia Jan	Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir	B R E A K	Tutorial Prof. Hummera Azim	Multidisciplinary Course (MDC)	Ability Enhancement Course (AEC)
Tuesday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Tutorial Prof. Shafia Nazir	Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir		Tutorial Dr.Gazala Nisar	Multidisciplinary Course (MDC)	Ability Enhancement Course (AEC)
Wednesday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Tutorial Dr. Maria Maqbool	Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir		Tutorial Dr. Naila Irshad	Multidisciplinary Course (MDC)	Ability Enhancement Course (AEC)
Thursday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Library	Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir		Library	Value-Added Courses (VAC1)	Value-Added Courses (VAC2)
Friday	Healthy and Sustainable Food Choices IHSCSEHS0126 Dr. Shafia Jan		Short Break	Library		Library	Value-Added Courses (VAC1)	Value-Added Courses (VAC2)

Director

SEMESTER IST (2026)

Timetable for FYIMP related Accessory Courses

Days	03:00 – 4:00 P.M.	04:00 – 05:00 P.M.
Monday	Multidisciplinary Course (MDC) Dr. Gazala Nissar	Ability Enhancement Course (AEC)
Tuesday	Multidisciplinary Course (MDC) Dr. Gazala Nissar	Ability Enhancement Course (AEC)
Wednesday	Multidisciplinary Course (MDC) Dr. Gazala Nissar	Ability Enhancement Course (AEC)
Thursday	Value-Added Courses (VAC1) Dr. Naila Irshad	Value-Added Courses (VAC2)
Friday	Value-Added Courses (VAC1) Dr. Naila Irshad	Value-Added Courses (VAC2)

Director

Timetable

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	9:30 – 10:30	10:30 – 11:30	11:30 – 12:00	12:00– 01:00	01:00- 02:00	02:00 – 03:00	03:00 – 4:00	04:00 – 05:00
Monday	Advanced Studies in Human Development -II MSHCAS325 Prof. Shafia Nazir		Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir	B R E A K	Human Exceptionalities MSHCHE125 Prof. Shafia Nazir		
Tuesday	Theories of Human Development MSHCTH125 Prof. Shafia Nazir		Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir				
Wednesday	Advanced Studies in Human Development -II MSHCAS325 Prof. Shafia Nazir		Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir				
Thursday	Theories of Human Development MSHCTH125 Prof. Shafia Nazir		Short Break	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir		Human Exceptionalities MSHCHE125 Prof. Shafia Nazir		
Friday			Short Break	Library				