

Timetable for FYIMP SEMESTER IST (2026)

Days	1 9:30 – 10:30	2 10:30 – 11:30	3 11:30 – 12:00	4 12:00 – 01:00	5 01:00- 02:00	6 02:00 – 03:00	7 03:00 – 4:00	8 04:00 – 05:00
Monday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir/ Dr. Maria Maqbool	Short Break	Tutorial Dr. Shafia Jan	B R E A K	Tutorial Prof. Hummera Azim	Multidisciplinary Course (MDC)	Ability Enhancement Course (AEC)
Tuesday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir/ Dr. Maria Maqbool	Short Break	Tutorial Prof. Shafia Nazir		Tutorial Dr. Gazala Nisar	Multidisciplinary Course (MDC)	Ability Enhancement Course (AEC)
Wednesday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir/ Dr. Maria Maqbool	Short Break	Tutorial Dr. Maria Maqbool		Tutorial Dr. Naila Irshad	Multidisciplinary Course (MDC)	Ability Enhancement Course (AEC)
Thursday	Family Resource Management IHSCMNFR0126 Prof. Hummera Azim/ Dr. Nayera Masoodi	Human Development- Conception to Adolescence IHSCMJHD0126 Prof. Shafia Nazir/ Dr. Maria Maqbool	Short Break	Library		Library	Value-Added Courses (VAC1)	Value-Added Courses (VAC2)
Friday	Healthy and Sustainable Food Choices IHSCSEHS0126 Dr. Shafia Jan		Short Break	Library		Library	Value-Added Courses (VAC1)	Value-Added Courses (VAC2)

Director