

**Time Table for M.Sc. Home Science (1<sup>st</sup> Semester) 2026**  
**MSc Specialization: (i) Food Science and Nutrition (ii) Dietetics & Clinical Nutrition – Batch 2026**

| TIME/DATE | 09:30AM-10:30AM                                                                                | 10:30AM-11:30AM                                                                                   | 11:30AM-12:00PM | 12:00PM-01:00PM                                                                                   | 01:00PM-02:00PM | 02:00PM-03:00PM                                                         | 03:00PM-04:00PM               | 04:00PM-05:00PM                |
|-----------|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|-----------------|---------------------------------------------------------------------------------------------------|-----------------|-------------------------------------------------------------------------|-------------------------------|--------------------------------|
| Monday    | Applied Physiology<br>MHSFCAP125<br><b>Dr. Gazala Nisar</b>                                    | Research Methods & Statistics<br>(Common Paper)<br>MHSCCRM125<br><b>Prof. Mushtaq Ahmad Darzi</b> | Break           | Research Methods & Statistics<br>(Common Paper)<br>MHSCCRM125<br><b>Prof. Mushtaq Ahmad Darzi</b> | Library/ Break  | Community Health and Nutrition<br>MHSFCCN125<br><b>Dr. Naila Irshad</b> |                               | <b>Remedial Classes</b>        |
| Tuesday   | Assessment of Nutritional Status<br>MHSFCNA125<br><b>Dr. Shafia Jan</b>                        |                                                                                                   | Break           | Remedial Classes                                                                                  | Library/ Break  | Community Health and Nutrition<br>MHSFCCN125<br><b>Dr. Naila Irshad</b> |                               | Tutorial<br>Dr. Naila Irshad   |
| Wednesday | Research Methods & Statistics<br>(Common Paper) MHSCCRM125<br><b>Prof. Mushtaq Ahmad Darzi</b> |                                                                                                   | Break           | Assessment of Nutritional Status<br>MHSFCNA125<br><b>Dr. Shafia Jan</b>                           | Library/ Break  | Tutorial<br>Prof. F.A. Masoodi                                          | Tutorial<br>Dr. Gazala Nissar | Tutorial<br>Prof. F.A. Masoodi |
| Thursday  | Food Chemistry<br>MHSFCFC125<br><b>Dr. Naila Irshad</b>                                        |                                                                                                   | Break           | Assessment of Nutritional Status<br>MHSFCNA125<br><b>Dr. Shafia Jan</b>                           | Library/ Break  | Tutorial<br>Dr. Shafia Jan                                              |                               | Tutorial<br>Dr. Gazala Nissar  |
| Friday    | Food Chemistry<br>MHSFCFC125<br><b>Dr. Naila Irshad</b>                                        |                                                                                                   | Break           | Applied Physiology<br>MHSFCAP125<br><b>Dr. Gazala Nisar</b>                                       | Library/ Break  | Applied Physiology<br>MHSFCAP125<br><b>Dr. Gazala Nisar</b>             |                               | Tutorial<br>Dr. Naila Irshad   |

**Director**

**Time Table for M.Sc. Home Science (1<sup>st</sup> Semester) 2026**  
**MSc Specialization: Extension & Communication– Batch 2026**

| TIME/DATE | 09:30AM-10:30AM                                                                                             | 10:30AM-11:30AM                                                                                          | 11:30A<br>M-<br>12:00PM | 12:00PM-01:00PM                                                                                          | 01:00PM<br>-<br>02:00PM | 02:00PM-03:00PM                                                           | 03:00PM-<br>04:00PM               | 04:00PM-05:00PM                                                                                 |
|-----------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------|----------------------------------------------------------------------------------------------------------|-------------------------|---------------------------------------------------------------------------|-----------------------------------|-------------------------------------------------------------------------------------------------|
| Monday    | Community Health<br>Management<br>MHSECCH125<br><b>Prof. Hummera Azim</b>                                   | Research Methods &<br>Statistics<br>(Common Paper)<br>MHSCCRM125<br><b>Prof. Mushtaq Ahmad<br/>Darzi</b> | Break                   | Research Methods<br>& Statistics<br>(Common Paper)<br>MHSCCRM125<br><b>Prof. Mushtaq<br/>Ahmad Darzi</b> | Library/<br>Break       | Community Health<br>Management<br>MHSECCH125<br><b>Prof. Hummera Azim</b> | Remedial<br>classes               | Tutorial<br>Dr. Nayera Masoodi                                                                  |
| Tuesday   | Remedial Classes                                                                                            | Environment,<br>Consumption and Public<br>Policy<br>MHSECEC125<br><b>Dr. Nayera Masoodi</b>              | Break                   | Methods for<br>Community<br>Participation<br>MHSECMC125<br><b>Prof. Muzamil Jan</b>                      | Library/<br>Break       | <b>Tutorial/ Research Methodology<br/>Classes</b>                         |                                   | Tutorial<br>Prof. Hummera Azim                                                                  |
| Wednesday | Research Methods & Statistics<br>(Common Paper) MHSCCRM125<br><b>Prof. Mushtaq Ahmad Darzi</b>              |                                                                                                          | Break                   | Methods for<br>Community<br>Participation<br>MHSECMC125<br><b>Prof. Muzamil Jan</b>                      | Library/<br>Break       | Remedial Classes                                                          | Tutorial<br>Prof. Muzamil<br>Jan  | Environment,<br>Consumption and<br>Public Policy<br>MHSECEC125<br><b>Dr. Nayera<br/>Masoodi</b> |
| Thursday  | Methods for Community Participation<br>MHSECMC125<br><b>Prof. Muzamil Jan</b>                               |                                                                                                          | Break                   | Environment,<br>Consumption and<br>Public Policy<br>MHSECEC125<br><b>Dr. Nayera<br/>Masoodi</b>          | Library/<br>Break       | <b>Tutorial/ Research<br/>Methodology<br/>Classes</b>                     | Tutorial<br>Prof. Hummera<br>Azim | Tutorial<br>Prof. Muzamil Jan                                                                   |
| Friday    | Applications of Participatory Rural Appraisal<br>and ICT (Practical) MHSELAP125<br><b>Prof. Muzamil Jan</b> |                                                                                                          | Break                   | Environment,<br>Consumption and<br>Public Policy<br>MHSECEC125<br><b>Dr. Nayera<br/>Masoodi</b>          | Library/<br>Break       | Community Health Management<br>MHSECCH125<br><b>Prof. Hummera Azim</b>    |                                   |                                                                                                 |

**Director**

**Timetable for PG (1<sup>st</sup> Semester) 2026**  
**M.Sc Home Science Human Development– Batch 2026**

| TIME/DATE | 09:30AM-10:30AM                                                                             | 10:30AM-11:30AM                                                                                | 11:30AM-12:00PM | 12:00PM-01:00PM                                                                                | 01:00PM-02:00PM | 02:00PM-03:00PM                                                                         | 03:00PM-04:00PM                                                   | 04:00PM-05:00PM                        |
|-----------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-----------------|------------------------------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------|
| Monday    | Guidance and Counseling<br><b>MHSHCGC125Dr. Maria Maqbool</b>                               | Research Methods & Statistics (Common Paper)<br>MHSCCRM125<br><b>Prof. Mushtaq Ahmad Darzi</b> | Break           | Research Methods & Statistics (Common Paper)<br>MHSCCRM125<br><b>Prof. Mushtaq Ahmad Darzi</b> | Library/ Break  | Human Exceptionalities<br><b>MHSHCHE125</b><br><b>Prof. Shafia Nazir</b>                |                                                                   | Tutorial<br><b>Prof.. Shafia Nazir</b> |
| Tuesday   | Theories of Human Development<br>MHSHCTH125<br><b>Prof. Shafia Nazir</b>                    |                                                                                                | Break           | Library                                                                                        | Library/ Break  | Tutorial<br><b>Dr. Maria Maqbool</b>                                                    | Guidance and Counseling<br>MHSHCGC125<br><b>Dr. Maria Maqbool</b> |                                        |
| Wednesday | Research Methods & Statistics (Common Paper) MHSCCRM125<br><b>Prof. Mushtaq Ahmad Darzi</b> |                                                                                                | Break           | Tutorial<br><b>Prof.. Shafia Nazir</b>                                                         | Library/ Break  | Human Exceptionalities<br><b>MHSHCHE125</b><br><b>Prof. Shafia Nazir</b>                |                                                                   | Library                                |
| Thursday  | Theories of Human Development<br><b>MHSHCTH125</b><br><b>Prof. Shafia Nazir</b>             |                                                                                                | Break           | Remedial Classes                                                                               | Library/ Break  | Human Exceptionalities and Counselling<br><b>MHSHLHE125</b><br><b>Dr. Maria Maqbool</b> |                                                                   | Tutorial<br><b>Dr. Maria Maqbool</b>   |
| Friday    | Human Exceptionalities and Counselling<br><b>MHSHLHE125</b><br><b>Dr. Maria Maqbool</b>     |                                                                                                | Break           | Remedial Classes                                                                               | Library/ Break  | Guidance and Counseling<br>MHSHCGC125<br><b>Dr. Maria Maqbool</b>                       | Tutorial<br><b>Dr. Maria Maqbool</b>                              | Library                                |

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**Time Table for M.Sc. Home Science (1<sup>st</sup> Semester) 2025**  
**MSc Specialization: (i) Extension and Communication – Batch 2025**

| TIME/DATE | 09:30AM-10:30AM | 10:30AM-11:30AM | 11:30AM-12:00PM | 12:00PM-01:00PM | 01:00PM-02:00PM       | 02:00PM-03:00PM | 03:00PM-04:00PM | 04:00PM-05:00PM |
|-----------|-----------------|-----------------|-----------------|-----------------|-----------------------|-----------------|-----------------|-----------------|
| Monday    |                 |                 | Break           |                 | Library/ Break        |                 |                 |                 |
| Tuesday   |                 |                 | Break           |                 | Library/ Break        |                 |                 |                 |
| Wednesday |                 |                 | Break           |                 | Library/ Break        |                 |                 |                 |
| Thursday  |                 |                 | Break           |                 | Library/ Break        |                 |                 |                 |
| Friday    |                 |                 | <b>Break</b>    |                 | <b>Library/ Break</b> |                 |                 |                 |

**Director**