



INSTITUTE OF HOME SCIENCE

THE UNIVERSITY OF KASHMIR

Hazratbal Srinagar-190006-(Kashmir) J&K

[NAAC Accredited Grade "A*"].

Extension Activities and Outreach Programs: 2012-18

Sl. No.	Name of the activity	Year of the activity	Number of teachers participating in such activities	Number of students participating in such activities
1	Social, resource, mobility and service & opportunity mapping in Burzahama village	05-11-2012	05	16
2	Entrepreneurship awareness among university students	10-10-2012	05	16
3	Extension programme regarding skill development for disabled at Shafaqat Rehabilitation	09-12-2013	04	08
4	Three days Resource mapping and enhancement of field cultivation in Ganderbal area	23-05-2013	05	16
5	Three days Resource mapping and enhancement of field cultivation in Ganderbal area	25-05-2013	05	16
6	Group discussion to university students for enhancing entrepreneurship skills	09-02-2014	05	16
7	Extension programme related to 'Mental Health' of rural women	11-01-2016	04	08

	in Kangan Block			
8	On day extension programme for 'Skill development 'among Adolescent Girls	20-07-2016	05	14
9	Door to door visit for identifying problems of rural women in Ganderbal block	17-05-2016	05	14
10	Mental health programme for specially able Children	24-03-2018	04	08
11	Implementation of income generating programme with rural adolescent girls	12-04-2018	05	14
12	Execution of mental health programme to rural school going children	22-05-2018	04	08
13	Identification of problems with youth in Srinagar district	07-06-2018	05	14
14	Career counselling to adolescent girls on attending the lecture	15-03-2017	04	08
15	Extension lecture regarding reproductive health of adolescents girls in rural areas	14-04-2017	05	14
16	Identifying the problem of rural old age people in Ganderbal	17-05-2017	04	14
17	Nutritional education with any rural women at aganwadi centre	20-07-2017	04	16
18	Students working voluntarily with red cross society in Kashmir	09-08-2017	05	14
19	Human development students studying reflexes and identification of abnormalities among infants	28-09-2017	04	08
20	Dietary counselling of pregnant women	23-10-2017	04	16
21	Academic counselling to rural girl children	06-11-2017	04	08

22	Speech therapy by Human development students at hope disability centre	17-10-2012	04	14
23	Identifying old age rural people	05-09-2012	05	14
24	Brain storming session to rural school children	24-08-2012	05	14
25	Mental health programme for rural children	11-07-2012	04	08
26	Creating awareness about immunization in aganwadi centre	22-05-2013	04	08
27	Inquiry traning process at university model school	12-06-2013	04	08
28	Extension programme organized at Shafaqat rehabilitation centre for specially able children	26-08-2013	05	14

Sd/ Director